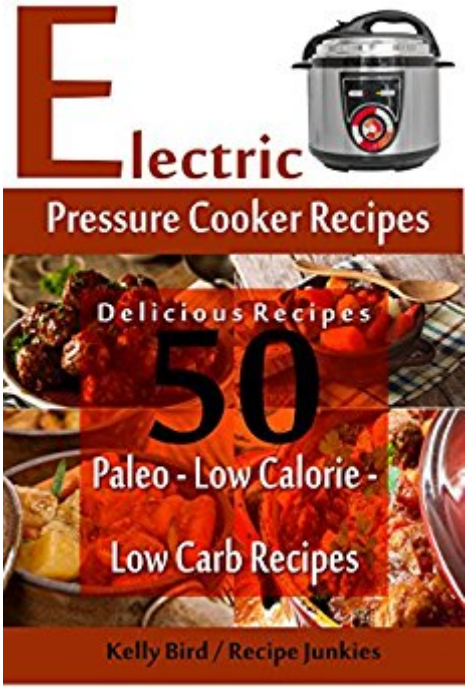
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Electric Pressure Cooker Recipes - 50 Delicious Recipes - Paleo, Low Calorie, Low Carb Recipes



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Synopsis

This recipe book is printed both in paperback, & eBook formats.Other than a slow cooker, & rice cooker, a pressure cooker is just about the simplest, and best choices for easy cooking, prep, cleaning, that you can find!If you do not own an electric pressure cooker, than do yourself a favor, and grab one today! You will be so glad that you did!Check out some of these delicious recipes that we have for you today...Bone BrothEggplant and Olive SpreadChickpea HummusMango ChutneyTapioca PuddingBeet and Caper SaladSteamed ArtichokesPressure Cooker ChicorySpaghetti Squash with Garlic Sage SauceBarbecue SauceGrain free meatballsCorned Beef and CabbageBraised Beef RibsPork Roast with Sage, apple and CoppaSpicy Buffalo WingsZucchini PestoHot SauceTandoori BBQ Pork RibsBeef StewPorcini Mushroom PateCranberry Braised Turkey WingsSteamed CarrotsOlive and Lemon Ligurian ChickenPork and Hominy Stew (Pozole)Cherry Tomato Chicken CacciatorePulled PorkWhite Beets and Garlic SautÃƒÂ©Coconut curry fishMoroccan Lamb TajinePork chops and CabbageSpicy Cauliflower Citrus SaladCream of Butternut Squash SoupBraised Pork LoinChicken Liver PatePeperonata SauceSummer Vegetable MedleyLamb ShanksSpanish Chorizo OxtailKalua PigHawaiian BBQ ChickenMocha Rubbed Pot RoastKielbasa and SauerkrautPorcini and Tomato Beef Short RibsGerman Kielbasa with Cabbage and Broccoli SlawJambalayaApple and Onions Pork TenderloinChicken SoupPork Chop SueyRoasted GarlicEnjoy the recipes!

Book Information

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Customer Reviews

Although I would use one or two recipes from this cookbook, I don’t believe that it uses the electric pressure cooker in its full potential. The recipes are pretty similar and I wanted something a little more different. It’s an effort from the author to create a guide like this, about the Paleo diet, but just not enough.

I like the variety and the directions are easy to understand. I can’t wait to try so many of these. I will try some in the oven too just for fun.

Fantastic collection of tasty, international recipes.Recipe Junkies always deliver!Easy and yummy.

I do not like any of the recipes. They are not appealing to my food likes. I wanted a more practical information on uses of a pressure cooker.

So easy

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